



GOLD RANGE



Healthier you. Happier You. Get back to basics

HIGH ENERGY PROTEIN BARS : 60g serving

Product description	High Energy, High Protein, High fibre bars providing a delicious snack
Ingredients	Sorbitol, Peanut butter (nuts), Inulin, Popped Rice, Rolled Oats (Gluten), Soya Protein Isolate (Soya), Sucrose, Vegetable Fat and Oils [Palm Oil (Palm fruit, Palm Seed) Hydrogenated Palm Kernel, Emulsifiers (E492) (E322-Sunflower)], Cocoa Powder, Sodium Chloride, Flavouring, Anti-oxidant BHA E320, Emulsifier (E322) (Soya).
Allergens	SOY, NUTS, COW'S MILK AND GLUTEN
Flavours available	Peanut Raisin Crunch bar
Product advantages	✓ Low GI ✓ 3 - 4 hours of energy ✓ Protein rich for muscle repair ✓ Vitamin and mineral rich ✓ Fibre rich - 6g fibre per serving. Equivalent fibre to 2 small fruits. ✓ Prebiotics for good gut health
Indications for use	• Can be used Pre or post workout • Time saving meal replacement • Before school sport or supplement for trail runners • Fussy eaters needing a nutritional boost • Teen meal supplement or rapid growth spurts • Between meeting meal or for those on the road.
Storage instructions	Store in a cool dry place

HIGH ENERGY PROTEIN BAR

60g serving



Typical Nutritional Information

NUTRIENT	UNIT	60g	%NRV
Energy	kJ	829	
Energy	kCal	146	
Protein	g	7.8	13
Carbohydrate	g	23	
Of which Sugar	g	8.7	
Total Fat	g	9.2	
Of which SFA	g	4.2	
Of which PUFA	g	1.87	
Of which MUFA	g	2.9	
Trans fats	g	0	
Fibre	g	6.4	
Sodium	mg	72	
Vitamin A	re mcg	0	0
Vitamin B1	mg	0.04	3
Vitamin B2	mg	0.01	0.8
Vitamin B3	mg	0.1	0.6
Vitamin B5	mg	0.07	1.4
Vitamin B6	mg	0.01	0.3
Vitamin B9	mcg	4.3	1.1
Vitamin B12	mcg	0	0
Vitamin C	mg	0	0
Vitamin D	mcg	0	0
Vitamin E	mg	0	0
Vitamin H	mcg	0	0
Calcium	mg	5.32	0.4
Chromium	mcg	0.03	0.1
Copper	mg	0	0
Iodine	mcg	0	0
Iron	mg	0.24	1.3
Magnesium	mg	8.6	2
Molybdenum	mcg	0	0
Phosphorous	mg	29.35	2.3
Selenium	mcg	0	0
Zinc	mg	0.19	1.7
Manganese	mg	0	0
Sodium	mg	72	
Potassium	mg	85	
Chloride	mg	0	



PROTEIN BARS

High energy and protein snack

A high energy protein bar that is the perfect Low GI meal replacement for on the go. Great for a quick snack before sporting events or that next big meeting. Gives you the boost without the guilt.

FLAVOURS

Peanut Raisin Crunch bar



CONTACT US:

For more information about our Gold range, please visit our website or contact our sales team

HEAD OFFICE

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