



GOLD RANGE



Healthier you. Happier You. Get back to basics.

HIGH PROTEIN SUPA SHAKE : 50g serving

Product description	Low GI, high protein shake with added fibre, vitamins and minerals. Provided in single-serving sachets, in a wide variety of flavours.
Ingredients	Isolated soya protein, vegetable fat powder (maltodextrin, glucose, non-hydrogenated vegetable fat (palm fruit), sodium caseinate (whey protein), stabilizers (E340b and E450b), emulsifiers (E481), colourants (Beta-carotene and Riboflavin)), dietary fibre, sucrose, natural flavours and colourants, sodium chloride, xanthan gum, vitamin and mineral premix, bicarbonate of soda, potassium chloride, ascorbic acid, tricalcium phosphate.
Allergens	Soy, Cow's milk protein
Flavours available	• Strawberry • Banana • Vanilla
Instructions for use	Single Serving Sachets: 50g dissolves easily into 300ml water
Product advantages	✓ Low GI , High in Protein 18g serving ✓ 4.9g of Fibre per serving ✓ 82% NRV of all vitamins and minerals (except calcium) ✓ Gluten and Lactose Free ✓ Assists rapid safe weight loss when used as part of prescribed and supervised eating plan ✓ Suitable for diabetics and those with metabolic syndrome ✓ Sustains blood sugar levels for 3-4 hours ✓ Cardio protective (cholesterol lowering properties PLUS antioxidants) ✓ Prevent muscle wasting when on a calorie restriction programme/ diet due to the high protein content. ✓ Immune system booster ✓ Improves satiety and reduces appetite ✓ Post-workout drink for optimal recovery
Indications for use	• Balanced Meal Replacement • Diabetes Type 1 and 2 • Insulin Resistance • Metabolic Syndrome • Suitable for use while on a low calorie diet • Obesity and weight loss programs • Teen meal supplement for rapid growth spurts • Post-workout drink for optimal recovery • Kidney patients on dialysis (ESRD)
Storage instructions	Store in a cool dry place

HIGH PROTEIN SUPA SHAKE

50g serving



Typical Nutritional Information

NUTRIENT	UNIT	50g	%NRV
Energy	kJ	750	
Energy	kCal	173	
Protein	g	18	32
Carbohydrate	g	17	
Of which Sugar	g	8.6	
Total Fat	g	5.1	
Of which SFA	g	2.11	
Of which PUFA	g	0.33	
Of which MUFA	g	1.11	
Trans fats	g	0	
Fibre	g	4	
Sodium	mg	264	
Vitamin A	re mcg	735	82
Vitamin B1	mg	0.98	82
Vitamin B2	mg	1.06	82
Vitamin B3	mg	13.1	82
Vitamin B5	mg	4.08	82
Vitamin B6	mg	1.388	82
Vitamin B9	mcg	326.5	82
Vitamin B12	mcg	1	83
Vitamin C	mg	181	181
Vitamin D	mcg	12.25	82
Vitamin E	mg	12.24	82
Vitamin H	mcg	24.5	82
Calcium	mg	0.13	.01
Chromium	mcg	29	83
Copper	mg	0.74	82
Iodine	mcg	123	82
Iron	mg	14.7	82
Magnesium	mg	.01	0
Molybdenum	mcg	37	82
Phosphorous	mg	0.01	0
Selenium	mcg	45	82
Zinc	mg	8.98	82
Manganese	mg	1.88	82
Sodium	mg	264	
Potassium	mg	66.46	
Chloride	mg	252.55	



HIGH PROTEIN SUPA SHAKE

Low GI high protein meal on the go

Time-saving, filling and delicious meal replacement drink.

3 DELICIOUS FLAVOURS:

- Strawberry
- Banana
- Vanilla

NOTE: Contra-indicated in Chronic Kidney Disease stages 2-4 (suitable for kidney patients on dialysis)



CONTACT US:

For more information on this range, please visit our website or contact our sales team

HEAD OFFICE

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