



Michael Dlamini - Factory Manager

Values are the most powerful
client partnering tools
a company has...

We strive to add value to our client partnering, by seeking manufacturing processes that add quality and safety to the nutritional supplements we supply.

The most recent of these beneficial achievements are;

SABS HACCP Certification

Read more about what this means to you, the client when partnering with us.



www.backtobasics-nutrition.com

OUR HACCP CERTIFICATION

What does it really mean for you and your business?

SABS HACCP Certification shifts the responsibility to Back to Basics – Nutrition [the food producer], to ensure that the products provided to our partnering clients is safely consumable.

Hazard analysis and critical control points in food production, storage and distribution monitoring system, for identification and control of associated health hazards. Its aim - the prevention of contamination during food production, instead of end product evaluation.

THE SEVEN PRINCIPLES OF HACCP

at Back to Basics Nutrition as audited by the SABS are;

- Identifying the potential consumer health hazards
- Identifying the control points where the identified hazards may occur
- Establishing critical limits for potential hazards, and instituting safety measures
- Establish monitoring routines to ensure safety protocols are working
- Establish appropriate responses if monitoring indicates a problem
- Establish accurate and detailed record keeping systems that document problems and the remedial steps taken
- Establish a verification system that ensures the above steps are being followed.



What all this means to our partnering clients is peace of mind and improved safety, in supplying best quality supplements to their workforces

B-BBEE - 26% BLACK OWNERSHIP

Back to Basics delivering values that contribute to client's social and economic performance relative to the scorecard requirements set out in the Broad Based Socio-Economic Empowerment Charter for the South African mining and mineral industries, coupled to the States policy of prioritizing localization and supplier development, makes it applicable and beneficial to all business ventures monitored by the Department of Minerals and Energy as well as many other Government Agencies – Back to Basics values simply add benefits in meeting legislative requirements in your operations. The following sections 7/8 from the Charter clearly set the required legislative course to achieving compliance, no matter your business profile.

Section 7: LIVING CONDITIONS

For company provided nutrition has the mine established measures for improving nutrition of employees. Companies will be required to indicate what they have done to improve nutrition and show a plan to progress the issue over time and is implementing the plan.

Back to Basics – Nutrition supplements satisfy the requirements specified in section 7, because they are researched to provide the nutritional supplementary requirements [the missing nutritional elements in the average workers diet delivered in an essential Low GI form] to address the growing issues of obesity and diabetes. The benefits to the company are in the health of the worker, reduced occupational health costs and improved productivity.



Section 8: PROCUREMENT

Has the company given HDSA's preferred supplier status?

Has the company identified the current level of procurement from HDSA companies in terms of capital goods, consumables and services?

Has the company indicated a commitment to a progression of procurement from HDSA companies over a 3-5 year time frame in terms of capital goods, consumables and services and to what extent has the commitment been implemented?

By partnering with Back to Basics nutrition with their Level 2 BBBEE certification, you the client meet these requirements and enjoy the benefits accruing in your own company.



Back to Basics-Nutrition bringing you values that ensure compliance and peace of mind

Our supplements are the result of over 20 years research and service for a proven track record and certification of compliance.

The Low GI Milkshake

A Pre and Mid Shift Supplement

A delicious milkshake that stabilises blood sugar levels, provides sustainable energy for optimal performance for 4 to 5 hours.

The Low GI Energy Drink

A Mid-Shift Electrolyte Supplement

Provides sustainable energy and hydration. Contains; Carbohydrate, sucrose, vitamins, minerals and electrolytes in a refreshing drink



Zakhe Dlamini - Blending Plant Supervisor

Proven in the Workplace

15 million sachets issued by majors in mining and industry over the period 2010 - 2017 with no health issues

Knowledge gained in the Workplace

- Low GI being a foundation pre-requisite on which ideally everything else is built in terms of human Dietetic principles.
- Cultural taste preferences
- Eating habits at home and in the workplace
- Nutritional shortcomings of worker diets as related to health and productivity, amongst both the healthy and those suffering Lifestyle diseases
- Energy expenditure required in the workplace by different work groups.
- Hydration levels in all circumstances, above ground, pit/strip mining underground mining as well as in heat intensive operations.

Research Validates Product Claims

- Current and on-going independent research in mining and industry validates Back to Basics - Nutrition product claims.
- 2012 Anglo American research led to the products development, since sophisticated to suite mining, industry and legislative requirements by Dieticians and Food Scientist.

Values are the most important partnering requirements

- SABS HACCP Certification of our factory facilities.
- Compliance with legislative requirements
- Compliance with the Mining Charter, 26% paid up black shareholding and social involvement.
- Committed to progression of procurement from HDSA companies, whilst having already achieved minimum targets, resulting in client benefits accruing in their own companies.

SALES AND MARKETING HOTLINE

Share our knowledge, nutrition research and fatigue management expertise.

Secure a presentation to upgrade your Fatigue Management Code of Practice and procure affordable, increased health and safety for your workforce with increased productivity for the company.

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